

FREMANTLE KUNDALINI YOGA

as taught by
Yogi Bhajan



Mon 5:30-6:30 am
Tue* 9:30-11:00 am
* except 3rd Tuesdays
Fri 5:30-6:30 pm

\$18 drop-in
\$150 / 10 sessions

St Paul's Anglican Church Hall
162 Hampton Rd, South Freo
(near corner of South Street)



Beginners welcome
suits all levels
www.fourhares.com/yoga

for more details contact
Prakash Kaur &
Jean-Michel David
(Prakash-Seva Singh)
yoga@fourhares.com
+61 490 770 061

